

LEADING FROM WITHIN

Lead Wholeheartedly

**SHE
LEADS
CHANGE**

LEADING FROM WITHIN IS FOR WOMEN WANTING TO LIVE INTO THEIR FULL POTENTIAL

This 3-month, virtual programme offers you the opportunity to accelerate your personal and professional growth. You will leave with new ways of thinking, an increased appreciation of self, better resilience and the confidence, capabilities and connections to lead wholeheartedly.

It attracts women from many geographies, sectors and at different stages in their journeys. In a facilitated-group of 32, you will explore individual, organisational and systemic transformation. The strong peer-learning focus, small group work and diversity will allow for many 'breakthrough' moments.

Fees range from £415 (individuals), £830 (social sector) and £1250 (large organisations). Excl. VAT.

"Over a matter of months, my executive presence, ambition and self-belief have transformed! I feel ready for the next challenge and have the tools to succeed"

- Leading From Within graduate

DATES & TIMES

The programme runs each Spring and Autumn. Two cohorts start 28th September and 30th September. These cater to different time-zones.

Cohort A - Tuesdays 5.30-8.30pm*

28th Sept, 12th Oct, 26th Oct, 9th Nov, 23rd Nov, 7th Dec, 18th Jan

Cohort B - Thursdays 1.30-4.30pm*

30th Sept, 14th Oct, 28th Oct, 11th Nov, 25th Nov, 9th Dec, 18th Jan

*All times are GMT

Total time commitment is 3 days p.m.

WHAT'S INCLUDED?

- 6 x 3hr group learning sessions
- 1 x networking session with the wider Community
- 12 x self-learning journal exercises to reinforce learning
- Unlimited expert-led skill training and practice in co-creation
- 3 x 1hr personal 1:1 support from your choice of Coach/Mentor
- Close relationship with a 'pod' of 6 other women
- Access to wider network initiatives
- Multiple opportunities to lead
- High ratio facilitator support (1:8)

OUR IMPACT

"You are the leader the world needs now"

88% Participants agree that they are a **leader**

Participants brought their **82%** **learning** into their workplace

97% Improvement in **listening** skills

Better **73%** **relationship** navigation

All figures from the last programme

CLICK HERE
TO APPLY NOW

If you want to make a positive change in your life, Leading From Within is for you

Apply today to join our Autumn cohort

OUR COMMITMENT

She Leads Change is a social enterprise
We value diversity and support equity

We offer focussed coaching, flexible pricing and sponsored places for women leading change impacting under-represented groups

Please do get in touch to enquire further

