

Leading From Within - Spring Cohort 2022

Subject: Leading from Within and the beginning of a transformative leadership journey

Dear **[MANAGER'S NAME]**,

I would love to share my experience of being in the XX cohort of the Leading From Within programme, powered by **She Leads Change**.

Not your typical Leadership Development Programme, **Leading From Within** is a three month virtual leadership and peer-coaching programme for women. It offers women the opportunity to accelerate their personal and professional growth.

I graduated from the programme with new ways of thinking, an increased appreciation of self, better resilience and the confidence, capabilities and connections to lead wholeheartedly.

Leading From Within attracts women from many geographies, sectors and at different stages in their life journeys. In a facilitated group of 32, the programme explored individual, organisational and systemic transformation. The strong peer-learning focus, small group work and diversity, allowed for many "break-through" moments.

Leading From Within also connects us with a community to learn from and alongside. I had the opportunity to meet and share this journey with other women from differing backgrounds, facing similar challenges.

Following the programme, I was invited to continue my leadership journey by joining the She Leads Change community of empowered and inspiring people. The diversity of this powerful network has made a tangible difference in my leadership journey.

The **Leading from Within** program helped me to strengthen my skills in **[X]**, **[Y]** and **[Z]**, and walk away having learned **[potential goals to model/adapt]**:

Goal 1: Gain 2-3 techniques to advance my leadership capability at work, for example: develop more interconnected relationships, take a more leadership role beyond that of just an individual contributor, and inspire others

Goal 2: Make 2 connections with peers in my current role from similar companies to strengthen my work and develop a network.

Goal 3: Network with senior level executives to further develop my skills as a professional.

The next cohort is starting in Spring 2022 and I'm confident that the participation of other peers at the **Leading from Within** program will directly influence the quality of work on **[PROJECT NAME/ DEPARTMENT/ BU]**.

You can learn more about the program at [She Leads Change](#)

Happy to tell you more about my experience and I'm looking forward to hearing from you.

Best,

[YOUR NAME]